

Ron
Fletcher
1921-2011

Mary
Bowen
1930-

Lolita san
Miguel
1934

certified to teach Pilates by
Joseph Pilates

Kathy Grant
1921-2010

certified to teach Pilates by
Joseph Pilates

Jay Grimes

Studied with Joe and Clara

Fletcher Work

Romana
Kryzanowska
1923-2013

took over Joe's studio

Eve Gentry
1909 - 1994

dancer

Mary
Pilates

Joseph Pilates' niece

Carola Trier
1913-2000

Bob Seed

"black sheep"!

Brooke Siler

Mari
Winsor

Winsor Pilates

Michelle
Larson

Dreas
Reyneke

Alan Herdman
Brought Pilates to the UK in
the 1970s

Gordon
Thompson

Lynne
Robinson

Body Control

Penny Latey

Modern Pilates

Michael
King

Cherry
Baker

Allan
Menezes