

## Credible nutrition organisations

Organisation	Website details
<p><b>The Food Standards Agency</b> An independent Government department who use expertise and influence so that people can trust that the food they buy and eat is safe and honest.</p>	<p><a href="http://www.food.gov.uk">http://www.food.gov.uk</a></p>
<p><b>The Department of Health (DH)</b> The DH helps people to live better for longer. They aim to lead, shape and fund health and care in England, making sure people have the support, care and treatment they need, with the compassion, respect and dignity they deserve. DH is a ministerial department, supported by 28 agencies and public bodies.</p>	<p><a href="https://www.gov.uk/government/organisations/department-of-health">https://www.gov.uk/government/organisations/department-of-health</a></p>
<p><b>The British Dietetic Association (BDA)</b> The professional body and trade union for dietitians. It is responsible for designing the curriculum for the profession.</p>	<p><a href="https://www.bda.uk.com">https://www.bda.uk.com</a> Email: <a href="mailto:info@bda.uk.com">info@bda.uk.com</a></p>
<p><b>Health and Care Professions Council (HCPC)</b> The HCPC's role is to protect the public. It is an independent, UK-wide health regulator. It currently sets standards of professional training, performance and conduct for 14 professions. The HCPC keeps a current register of health professionals who meet its standards and takes action if registered health professionals fall short. Registered professionals must keep up to date through compulsory Continuing Professional Development (CPD).</p>	<p><a href="http://www.hcpc-uk.co.uk">www.hcpc-uk.co.uk</a></p>
<p><b>The Scientific Advisory Committee on Nutrition (SACN)</b> A UK-wide advisory committee set up to replace the Committee on Medical Aspects of Food and Nutrition (COMA). It provides advice to UK Health Departments.</p>	<p><a href="https://www.gov.uk/government/groups/scientific-advisory-committee-on-nutrition">https://www.gov.uk/government/groups/scientific-advisory-committee-on-nutrition</a></p>
<p><b>The British Nutrition Society</b> The Nutrition Society was established in 1941 'to advance the scientific study of nutrition and its application to the maintenance of human and animal health'. Highly regarded by the scientific community, the Society is the largest learned society for nutrition in Europe. Membership is worldwide but most members live in Europe. Membership is open to those with a genuine interest in the science of human or animal nutrition.</p>	<p><a href="http://www.nutritionociety.org/">http://www.nutritionociety.org/</a></p>
<p><b>The Nutritional Therapy Education Commission (NTEC)</b> Accredits courses for nutritional therapy (e.g. The BSc (Hons) in Nutritional Science).</p>	<p><a href="http://www.nteducationcommission.org.uk">www.nteducationcommission.org.uk</a></p>
<p><b>The British Association for Applied Nutrition and Nutritional Therapy (BANT)</b> BANT is a professional body for Nutritional Therapists that have completed NTEC-accredited courses or have shown signs of meeting the NTEC Core Curriculum and National Occupational Standards set by Skills for Health</p>	<p><a href="http://bant.org.uk/">http://bant.org.uk/</a></p>

<p>for nutritional therapy. Practitioner members of BANT are required to register with the CNHC.</p>	
<p><b>The Complementary and Natural Healthcare Council (CNHC)</b> The voluntary regulator for complementary therapists, including Nutritional Therapists. Following successful completion of one of their accredited routes to nutritional therapy practice, students are eligible to apply to register with CNHC as a Nutritional Therapist.</p>	<p><a href="http://www.cnhc.org.uk">www.cnhc.org.uk</a></p>
<p><b>UK Voluntary Register of Nutritionists (UKVRN)</b> Run by the Association for Nutrition (AfN). Only registrants with the UK Voluntary Register of Nutritionists (UKVRN) can call themselves a Registered Nutritionist (RNutrs).</p>	<p><a href="http://www.associationfornutrition.org/default.aspx?tabid=76">http://www.associationfornutrition.org/default.aspx?tabid=76</a></p>
<p><b>Association for Nutrition (AfN)</b> Courses that have applied and met strict standards of professional education in nutrition are accredited by the AfN and graduates from these courses have direct entry onto the voluntary register (it is not a legal requirement for a nutritionist to be registered with the UKVRN).</p>	<p><a href="http://www.associationfornutrition.org">www.associationfornutrition.org</a></p>
<p><b>International Olympic Committee (IOC)</b> Sports nutrition articles available. The Youth Olympic games section is useful for young athletes.</p>	<p><a href="http://www.olympic.org/ioc">www.olympic.org/ioc</a></p>
<p><b>The American College of Sports Medicine (ACSM)</b> Representing 70 occupations within the sports medicine field.</p>	<p><a href="http://www.acsm.org">www.acsm.org</a></p>
<p><b>Australian Institute of Sport (AIS)</b> AIS Sports Nutrition delivers sports nutrition services to AIS sports and national teams. Their website features a wide range of resources to help elite athletes, recreational athletes and the general public stay up to date with the latest strategies in sports nutrition. Some good fact sheets are available.</p>	<p><a href="http://www.ausport.gov.au/ais/nutrition">http://www.ausport.gov.au/ais/nutrition</a></p>
<p><b>Professionals in Nutrition for Exercise and Sport (PINES)</b> A global association for individuals working in sports nutrition and dietetics.</p>	<p><a href="http://www.pinesnutrition.org">http://www.pinesnutrition.org</a></p>
<p><b>International Society of Sports Nutrition</b> The International Society of Sports Nutrition is the only non-profit academic society dedicated to promoting the science and application of evidence-based sports nutrition and supplementation.</p>	<p><a href="http://www.sportsnutritionistsociety.org">http://www.sportsnutritionistsociety.org</a></p>
<p><b>Institute of Optimal Nutrition (ION)</b> An independent, not-for-profit educational charity whose principal activity is to further the knowledge and practice of optimum nutrition. Its objectives are to advance education of the public and health professionals in all matters relating to nutrition and preserve and protect the health of the general public by giving advice and assistance where necessary through nutritional therapy.</p>	<p><a href="http://www.ion.ac.uk/">http://www.ion.ac.uk/</a></p>

<p><b>The British Association of Sports and Exercise Sciences (BASES)</b> The professional body for sport and exercise sciences in the UK.</p>	<p><a href="http://www.bases.org.uk/">http://www.bases.org.uk/</a></p>
<p><b>UK Anti-Doping (UKAD)</b> The national organisation dedicated to protecting a culture of clean sport by raising awareness of the issues through extensive education and a smart testing programme; helping athletes to understand and follow the rules and prosecuting offenders. The UKAD work for everyone who loves sport, whether they're competing, training or spectating. They set out to create an environment where all athletes know they can compete in the true spirit of sport. UKAD is responsible for ensuring sports bodies in the UK are compliant with the World Anti-Doping Code through implementation and management of the UK's National Anti-Doping Policy. UKAD's functions include a prevention through education programme; intelligence-led athlete testing across more than 40 Olympic, Paralympic and professional sports; investigations and exclusive results management authority for the determination of Anti-Doping Rule Violations (ADRVs).</p>	<p><a href="http://www.ukad.org.uk">http://www.ukad.org.uk</a></p>
<p><b>The Soil Association (SA)</b> The UK's leading membership charity campaigning for healthy, humane and sustainable food, farming and land use. Work is divided into three areas: <b>Facing the future</b> – Help provide solutions that help people to live, eat, farm and grow with the resources that are available and pioneer new solutions to tackle climate change, support biodiversity, improve animal welfare and champion fairness. <b>Good food for all</b> – Good food (the best food) is organically grown, minimally processed, fairly traded, fresh and seasonal. The SA aim to make sure everyone has access to food that is healthy for them and the planet. Their work in schools, through the <u>Food for Life Partnership</u>, shows that it is possible to transform food cultures for the better, improving the life and health chances of thousands of children. <b>Enabling change</b> – Represent and work with pioneering farmers, growers and businesses who deliver practical change.</p>	<p><a href="http://www.soilassociation.org/whatisorganic/organicfood/organicnutrition">http://www.soilassociation.org/whatisorganic/organicfood/organicnutrition</a></p>
<p><b>Nutrition Society journals</b> British Journal of Nutrition Journal of Nutritional Science Proceedings of the Nutrition Society Nutrition Research Reviews Public Health Nutrition</p>	<p><b>Other nutrition journals</b> British Journal of Sports Medicine American Journal of Clinical Nutrition Journal of Sports Science and Medicine (JSSM)</p>

**BASES Course finder**

<b>Course</b>	<b>University</b>	<b>BASES-Endorsed</b>
BSc (Hons) Sport and Exercise Science (Nutrition)	Edge Hill University	BASES-Endorsed
MSc Sport and Exercise Nutrition	Leeds Metropolitan University	
BSc Sport, Exercise and Nutrition	Northumbria University	
BSc Performance Nutrition MRes	Nottingham Trent University	
BSc (Hons) Exercise, Nutrition and Health	Nottingham Trent University	
BSc Exercise and Nutrition Science	University of Chester	
MSc Exercise and Nutrition Science	University of Chester	
MRes Clinical Sciences and Nutrition	University of Chester	
MSc Human Nutrition	University of Chester	
MSc Public Health Nutrition	University of Chester	
MSc Sport Nutrition	University of Stirling	
BSc Nutrition and Exercise for Health	York St John University	BASES-Endorsed