



Attendance Declaration

Please read the following declaration before booking and attending Vista Wellbeing sessions.

By booking and attending any Vista Wellbeing sessions I am accepting that I have read, understood and agree to the following.

I agree that upon arrival of each session:

- I have informed my instructor of any change in my symptoms, health or medication.
- I have completed any tests that I need to do to exercise safely.
- I have all necessary medication with me.
- I confirm that I have had no COVID-19 symptoms or tested positive in the last 14 days.
- I confirm that I have not knowingly been in contact with anyone who has had COVID-19 symptoms or tested positive in the last 14 days.

I consent to being interviewed, photographed, or videoed, while participating in this session, and for the free use of this material by Vista Wellbeing, and partners for both promoting and celebrating their programmes and the benefits of physical activity and sport.

I will not bring any non-essential items to the sessions and that Vista Wellbeing cannot guarantee the security of any personal belongings.

I understand that whilst Vista Wellbeing are taking steps to reduce the risk of COVID-19 transmission, a COVID-19 free environment cannot be guaranteed.

As someone choosing to participate in Vista Wellbeing activity sessions I am fully aware of and accept the inherent risks involved in undertaking these activities.

I understand and accept that this risk includes the potential to contract or pass on coronavirus/COVID-19. I will comply with all safety measures as directed by my Vista Wellbeing class instructor/s.

Thank You

The Vista Wellbeing Team